



# March 2024 Elementary Breakfast & Lunch Menu

## Available With All Meals:

- Variety of Fruits & Vegetables
- Nonfat, 1%, Nonfat Chocolate Milk, or Lactose Free Milk

March 1

Cereal / Oatmeal & Muffin OR BeneFIT Bar

Breakfast Bowl, English Muffin OR Yogurt Grab and Go ✓



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## NATIONAL SCHOOL BREAKFAST WEEK

Cereal / Oatmeal & Muffin OR BeneFIT Bar

Cheese Bites with Marinara Sauce OR SunButter & Jelly Sandwich ✓

Smoothie / Parfait & Muffin OR BeneFIT Bar

Cheeseburger OR Deli Sandwich

Cereal / Oatmeal & Muffin OR BeneFIT Bar

Mac N' Cheese with Garlic Bread ✓ OR Hummus N' Chips ✓

Omelet & English Muffin OR BeneFIT Bar

Thai Chicken Rice Bowl Fortune Cookie OR Cheese Pizza Munchable ✓

Cereal / Oatmeal & Muffin OR BeneFIT Bar

Pancake Breakfast Sandwich OR Yogurt Parfait ✓

11

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Cereal / Oatmeal & Muffin OR BeneFIT Bar

Chicken Bites & Roll OR SunButter & Jelly ✓

Pancakes N' Sausage OR BeneFIT Bar

Chipotle Chicken n' Chips OR Deli Sandwich

Cereal / Oatmeal & Muffin OR BeneFIT Bar

Pizza OR Chicken Caesar Wrap

Bagel & Cream Cheese OR BeneFIT Bar

Toasted Cheese Sandwich & Tomato Soup OR Chef Salad

No School

18

19

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21

22

Cereal/Oatmeal & Muffin OR BeneFIT Bar

Chicken Egg Roll with Fried Rice & Fortune Cookie OR SunButter & Jelly Sandwich ✓

Waffles N' Sausage OR BeneFIT Bar

Cheeseburger OR Deli Sandwich

Cereal / Oatmeal & Muffin OR BeneFIT Bar

Pizza OR Deli Munchable

Breakfast Sandwich OR BeneFIT Bar

Chili & Cinnamon Roll OR Yogurt Grab N' Go ✓

Cereal / Oatmeal & Muffin OR BeneFIT Bar

Breakfast Bowl, English Muffin, OR Pretzel N' Cheese ✓

25

26

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Cereal / Oatmeal & Muffin OR BeneFIT Bar

Sloppy Joes OR SunButter & Jelly ✓

Smoothie / Parfait & Muffin OR BeneFIT Bar

Bean N' Cheese Burrito ✓ OR Deli Sandwich

Cereal / Oatmeal & Muffin OR BeneFIT Bar

Mac N' Cheese with Garlic Bread ✓ OR Hummus N' Chips ✓

Omelet & English Muffin OR BeneFIT Bar

Cheese Bread Stick & Marinara Sauce ✓ OR Chef Salad

Cereal / Oatmeal & Muffin OR BeneFIT Bar

Pancake Breakfast Sandwich OR Yogurt Parfait ✓

## NATIONAL SCHOOL BREAKFAST WEEK!

Goal : 100% ALL kids eat breakfast!!

Game ON Challenge – ALL KIDS EAT BREAKFAST every day this WEEK!



WE'RE HIRING

## LOVE kids and LOVE food?

Vegetarian choices also available every day!

Menus are subject to change

✓ Symbol shows vegetarian option

This institution is an equal opportunity provider

In Celebration of  
St. Patrick's Day - find the 10  
special Four Leaf Clovers  
hiding on the menu.



Spokane Public Schools

I X S K Y Q O R  
 P H W C T M B P X Q  
 I E I P I H E O S A L J  
 L L N A V R N K H P G I M U  
 T E O A R A I N B O W O D G N  
 B L P C E Y R I D Q N L W S J  
 W E R C B N E E R G D L W  
 E O N D B R C  
 V D Y C C R E B M U O Q T  
 A W S R U Q H B E M U B D V I  
 L O V E T P E A S R A C E C H  
 U D N L T C K U Z G L U N E  
 V A E E D T J N G Q C N  
 F C L W E D N I K Q  
 U Q Y P V F C U

WORD LIST:

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|----------|-----------|------------|---------|
| BROCCOLI | GREEN     | LEPRECHAUN | PEAS    |
| CELERY   | GREENBEAN | LETTUCE    | RAINBOW |
| CUCUMBER | KIND      | LION       | RUBEN   |
| GOLD     | LAMB      | LOVE       |         |